

#### 2. Fostering Emotional Support

#### a. Extension and Outreach Programmes

#### 1. Road Safety Rally on 25/01/2023

The NSS Unit, SBMJFGC, KGF, in association with the Police Department, Robertsonpet, organized a **Road Safety Rally** on January 25, 2023. The rally started from Sri Bhagawan Mahaveer Jain First Grade College, KGF, to Gandhi Cirle, KGF, covering a distance of 2 km. The rally was flagged by Ms. Shruthi and Mr. Devaraj, ASI, Robertsonpet Police Station, KGF, along with Dr. L. Jayapandian, NSS Officer, SBMJFGC, KGF. About 75 NSS volunteers and 230 students took part in the rally.







# 2. Sharamadhan Programme on 24/04/2023

The NSS Unit organised Sharamadhan at King George Hall, KGF, on 24th April 2023, around 75 NSS volunteers participated and cleaned the public park. Dr. L. Jayapandian, an NSS officer, and three faculty members took part in the programme.





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#### 3. Awareness Rally on Plastic Free Zone on 31/05/2023

Students of our college actively participated in awareness programme on "Plastic free Zone" with the slogan "Say No to Plastic" to bring awareness to the public about the hazards of plastic and to avoid the usage of polythene bags in and around KGF on May 31, 2023, and the paper covers made by the students during the competition were distributed to medical shops and provisional shops.





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### 4. Road Rally on World Environment Day on 05/06/2023

The ECO Club, in association with the Department of Life Science SBMJFGC and KGF, observed World Environment Day with the theme "Beat Plastic Pollution" on June 5, 2023. A road rally was conducted to bring awareness to the neighbourhood community about the plastic-free zone. Dr. Rekha Sethi, Principal, SBMJFGC, KGF, organized the rally and motivated the students to reduce their usage of plastic in their daily lives. 250 students and 14 faculty members participated in the rally.









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#### 5. Awareness Program on Non-Communicable Diseases on 31/05/2023

The Department of Life Science organized an awareness program on Non-Communicable Diseases for the public on May 31, 2023, in order to raise awareness about different types of diseases and their prevention. 55 students and five faculty members participated in the program and distributed pamphlets on types of diseases and diet charts.







#### b. Visit to Gasper Old Age Home and Orphanage Home

### 1. Visit to Gasper Old Age Home on 22/10/2022

The NSS Unit of SBMJFGC KGF visited Gasper Old Age Home located at Andersonpet, KGF, on October 22, 2022, and distributed the required things to the elderly. 40 elderly people were present at Gasper Old Age Home. Dr. Rekha Sethi, principal of SBMJFGC KGF, Dr. L. Jayapandian, NSS Officer, and 76 students were present.











## c. Visit to Orphanage Home

#### 1. Visit to Happy Home (Orphanage) on 14/11/2022

On the eve of Children's Day, SWA organized an outreach program in **Happy Home** (an orphanage) at BEML Nagar, KGF. The students spent the time entertaining the children's by conducting various games and motivating them to interact with one another. Served snacks and enjoyed giving gifts to students who won games. Mr. Praveen, Assistant Professor and SWO Officer, 18 students, and 2 faculties participated in the program.











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### d. Students Counselling





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### e. Free Eye Check-up Camp

### 1. Free Eye Check-up Camp on 18/11/2022

The free eye check-up camp was held on November 18, 2022, from 10 a.m. to 3 p.m. The main aim of the event was "disease prevention and treatment." . The honourable chief guest for the event was Ms. Sarala (the senior counsellor) along with her team from Dr. Agarwal's Eye Hospital. The camp was free for students and the public. A total of 300 students and 150 members of the public had their eyes checked. Many members had volunteered for this event.







### 2. Free Eye Check-up Camp on 11/01/2023

On January 11, 2023, the Rovers and Rangers unit of SBMJFGC-KGF coordinated with Sri Sathyasai Adhyathmika Seva Samithi (Reg) and Dr. M.C. Modi Charitable Eye Hospital, Mahalakshmipuram, Bangalore, and organized a one-day free eye camp at SBMJC, KGF. **Guests were** Mr. Manjunath, a philanthropist. Ms. Sumathi, Chief Nurse, and Dr. Rekha Sethi, Principal. The event was organized by Mr. Balakrishna A., Assistant Professor, Rover Leader, and Ms. Elizabeth Rani, Lady Scout Master, Rovers and Rangers Unit, SBMJC, K. G. F. 175 Students and 35 People from K G F Taluk were benefitted.











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